



GP NEWS



The Publication for the General Practitioner

Volume 39, Number 1

January, 2015

Dr. Summerhays Elected President of the American Dental Association

Dr. Summerhays' speech at the ADA House of Delegates:

On the western slopes of the Sierra Nevada mountains, giant redwoods live in groves. Individually magnificent, a giant redwood cannot stand alone. The shallow roots of each tree interlocks with each of the others to form a strong foundation of mutual support. Mutual support is key to their success.

For me, one such giant was Dr. Clifton Dummett. He was my mentor and guide for nearly four decades. A beloved professor, author, historian and a part of our proud history.

Twenty-six visionaries unified the nation's dental societies into one 155 years ago. The ADA became the guardian of our profession and American dentistry became the gold standard for the world! We want all dentists, *all dentists*, to stand with us as members of the ADA. Now is the time to engage every dentist and dental student, peer-to-peer, at the grass roots level where membership happens.

Together, our influence grows from the millions of patients we serve and the trust we engender. Our influence grows from compassionate care for thousands in our communities to leading the effort of Missions of Mercy and Give Kids a Smile.

Our influence grows from building respect with policy makers, strong Political Action Committees, and leading with solutions: Action for Dental Health.

Our world is changing: Technology propelled us into the digital age. Economic, demographic and political forces are colliding. Seismic shifts are bringing rapid

change to dentistry. How we respond is critical. *We are uniquely positioned to meet the challenge!* Working together with the power of three. We recognize trends. We'll seize opportunities! We will lead through change!



DR. CAROL GOMEZ SUMMERHAYS
San Diego

It's been an extraordinary year visiting so many of you, listening to your concerns, and learning from your insights. I toured schools across the country and sat in at the ASDA House. We still attract the best and the brightest. These individuals are drawn to dentistry for the same reasons we are here: altruism, self-fulfillment, a noble profession.

They ask what their futures hold? "What will it be?" *Exactly what we make it!* The future is ours to create! We'll add the wisdom of experience to the dreams of tomorrow with this guarantee: *The ADA will be there for you!*

The future is going to be different—it's going to be great! Fast-forward 155 years from now. Dentists will look back and judge us by what we do. Our futures are intertwined like the giant redwoods. Together, we'll grow the ADA:

*United in purpose! United in principle!
United in voice...!*

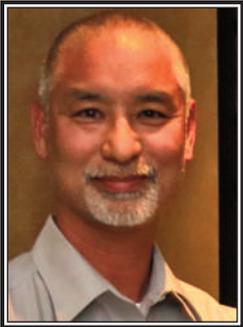
NOTE FROM DR. SUMMERHAYS:

I have been an AGD member since 1981. AGD's Dr. Mike Bromberg is one of the first leaders to encourage me to consider moving up the ladder over twenty years ago. He has mentored many. I thank him.



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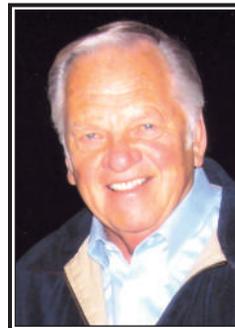
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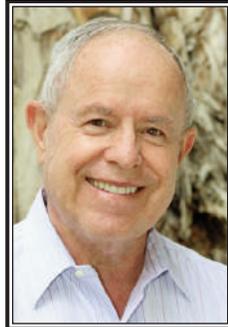


DR. ANITA RATHEE
Dental Care Chairperson
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as well as *FellowTrack* and *MasterTrack* Coordinators



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G. P. NEWS *A Publication of the
 CALIFORNIA ACADEMY
 of GENERAL DENTISTRY*

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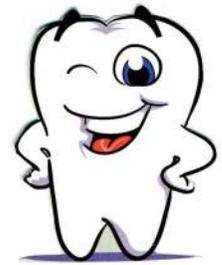
Septum



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New CAGD Members

2015



and

HIOSSEN

Implant CONTINUUM

Overview:

- ◆ 16-day course, meeting two days each month (*Fridays and Saturdays*)— March thru November of 2015 for a total of eight sessions (*no August dates*)
- ◆ 112 credits—63 lecture hours, 49 participation hours
- ◆ Maximum of 28 attendees. Tuition \$8500

John DiPonziano, DDS, MAGD, DICOI, *Course Director*

- ◆ Hiossen will handle registration and all meals
- ◆ Lecture facilities will be Hiossen headquarters in Burlingame, California
- ◆ Clinical (*surgery*) will be a local dental office in the Bay Area

Syllabus and Dates:

Session I—Friday and Saturday, March 6-7, 2015

March 6—**DR. JOHN DIPONZIANO**

- ◆ Introduction to implants, treatment planning, prosthetic and surgical concepts for straightforward implant therapy

March 7—**DR. THOMAS YOON**

- ◆ Guided surgery and implant surface review and hands-on with Osstem Guided Surgery Kit

Session II—Friday and Saturday, April 17-18, 2015

April 17—**DR. JOHN DIPONZIANO**

- ◆ Fabrication of provisional prosthesis and providing template for the final restoration;
- ◆ Prosthodontic protocols—pre-surgical, provisional and definitive; Hands-on fabrication of surgical guides, Locator pick-up. Hiossen implant models for implant placement and impressions

April 18—**DR. MAURICE SALAMA**

- ◆ Bone and sinus augmentation techniques in implant dentistry

Session III—Friday and Saturday, May 15-16, 2015

May 15—**DR. AVI SCHETRITT**

- ◆ Soft tissue management and grafting with porcine hands-on workshop using pig jaws

May 16—SURGERIES BY ATTENDEES

Session IV—Friday and Saturday, June 12-13

June 12—**DR. MIKE CHEN**

- ◆ Sinus lift surgery procedure (using Crestal Approach Kit and Lateral Approach Kit) and hands-on with CAS Kit

June 13—SURGERIES BY ATTENDEES

Session V—Friday and Saturday, July 17-18, 2015

July 17—**DR. GREGORY SAWYER**

- ◆ Mini implant system

July 18—SURGERIES BY ATTENDEES

Session VI—Friday and Saturday, September 18-19

September 18—**DR. JOHN DIPONZIANO**

- ◆ Guided bone regeneration, resorbable and non-resorbable membranes, SmartBuilder and PRP/PRF review and technique

—**DR. MUNA SOLTAN**

- ◆ Introduction to medical billing of dental surgical procedures

September 19—SURGERIES BY ATTENDEES

Session VII—Friday and Saturday, October 16-17, 2015

October 16—**DR. TODD WEDEKING**

- ◆ Practice management and social media utilization for the modern implant practice

October 17—SURGERIES BY ATTENDEES

Session VIII—Friday and Saturday, November 20-21

November 20—**DR. JEROME WELLBROCK**

- ◆ Oral sedation by DOCS education

November 21—SURGERIES BY ATTENDEES

If you are interested in participating, contact

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FOUR-YEAR MASTERTRACK PROGRAM COMPLETED . . . *Another Started*

Candidates Ready for Masterships

Shanthi Madireddi, DDS, FAGD, *Los Altos Hills*

It seems like only yesterday that forty nervous dentists introduced themselves to each other at the breakfast table of the Waterfront Hotel in Oakland. That was in October of 2010. Now, four years later, the California AGD's current MasterTrack four-year section came to an end on October 11, 2014.

The participants gave their final presentations on occlusion under the guidance of instructor Dr. Terry Tanaka. The occlusion section is one of the most difficult portions of the four-year MasterTrack program, and many students presented full-mouth rehabilitation cases.

Most of the forty dentists in this group have now applied for MAGD status and anticipate receiving their Mastership at the AGD's Annual Meeting in San Francisco in June.

It has been a wonderful four years. We have traveled through so many life-changing personal and career experiences during this time. We have developed professional skills that we may not have sought to achieve without the encouragement of our MasterTrack peers.

The good times will not come to an end. We will all remain best of friends and continue to push the limits of our intellectual curiosity to serve the profession of dentistry.

The California AGD started another four-year section this past April. For more information about future MasterTrack programs, contact Lynn Peterson at 877-408-073 or Lynn@cagd.com



First row (seated, left to right): Mehrdad Amani, Keyla Springe, Mina Levi, Adina Manolescu, Lynn Peterson, Kinnari Ghia, Shanthi Madireddi, Samir Ayoub.

Second row (left to right—the first row of standing dentists): Darryl Tkachyk, Suzy Shin, Shital Kazi (no one in the middle), Emily Arambulo, Ann Khazzandra Miranda.

Third row (left to right): Evan Farr, Basile Muntean, Henry Phillips, Anthony Ching, Jeff Stein, Darryl Chun, Ashkan Alizadeh, Frank Ng, Eric Lewis, Jason Ballou, Benjamin Seaton, Richard Ringrose, Upen Patel, Terry Tanaka, David Refaee, Bruce Bosler, Philip Fletcher, John Gee, William Black, Wallace Woo.

Not pictured: Irwin Kaw, Reed Peulicher, Ron Miller, Titus Tang, Roger Sohn.

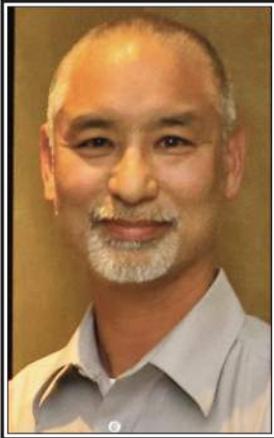
DR. DARRYL TKACHYK'S TOAST AT THE FINAL DINNER MEETING FOR THE "MT3" CLASS:

"Humility, confidence and calmness enables you. Experience gives you all three.

The MasterTrack has given us much, much more." "To the MT3...!"

California AGD Trustee's Message

Michael Lew, DMD, MAGD, Trustee, Academy of General Dentistry

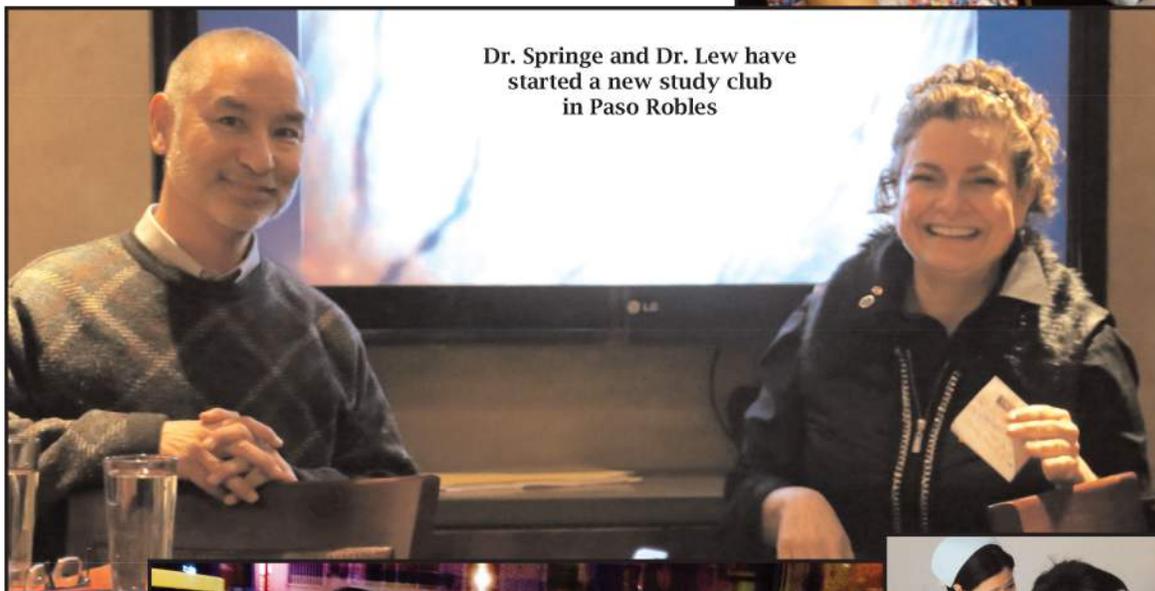
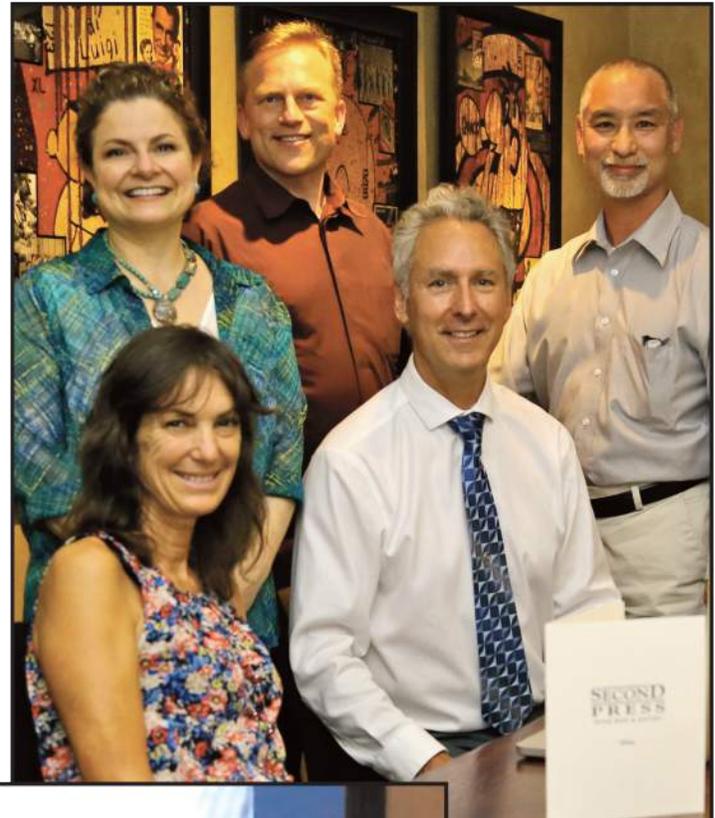


DR. MIKE LEW
Novato

As I opened my daily mail, I came across a magazine filled with joy, despair, celebration, hope, contemplation, and humor. I speak of the December issue of the AGD Impact. Dr. Lew, are you kidding? Yes, again I answer yes. Dr. Alier's opinions on International Dentistry made me jump for joy as the AGD moves forward its mission to promote professional development via continuing education. I despaired in surveying the various dentist's mistakes as I felt "there, for the grace of God am I." I celebrated

with all California dentists as we applaud the election of Dr. Carol Summerhays to the position of president-elect of the American Dental Association. The articles describing the generosity of my fellow dentists doing charitable dentistry filled me with pride, hope, and faith. *What an adventure story about AGD dentists!*

(continued on page 22...see TRUSTEE)



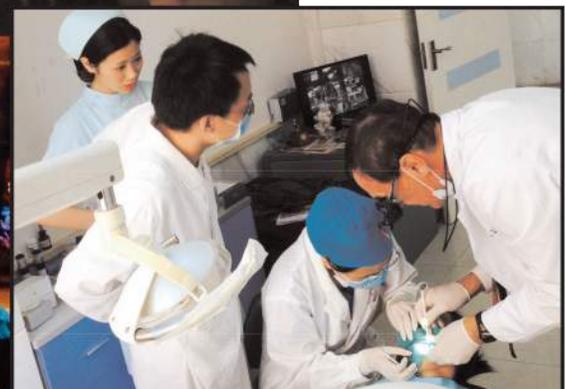
Dr. Springe and Dr. Lew have started a new study club in Paso Robles

↑
New Paso Robles Study Club
←

↓
Dr. Bruce Bosler demonstrates rubber dam placement for endodontics to the Chinese students



→
Dr. Bosler receiving recognition in GinLin, China for organizing the humanitarian trip



CALIFORNIA AGD NAMES

Dr. DiPonziano "Dentist of the Year"

Rich Ringrose, DDS, MAGD Awards Committee Chairman

Dr. John DiPonziano was selected as the California AGD "Dentist of the Year" by his peers in the Academy for 2014. This award was established to recognize individuals who have made significant contributions to the dental profession within the State of California and for one's willingness to share knowledge and expertise with one's colleagues through support of continuing education. Dr. DiPonziano fits the criteria perfectly.

Dr. DiPonziano was born and raised in Philadelphia, Pennsylvania. He attended Penn State University, graduating with a pre-professional degree in Science.

John's father owned a dental laboratory in Philadelphia for over thirty years and three of John's uncles were dental technicians. So, to say dentistry was in John's blood from the beginning, is not an exaggeration. Dr. DiPonziano spent many of his formative years working in his father's lab in various capacities. This experience was beneficial in dental school, not only by having a first-hand knowledge of many of the prosthetic procedures, but it also enabled him to complete lab assignments far ahead of schedule.

Dr. DiPonziano graduated from Temple University School of Dentistry in 1983 and opened his own practice in 1985. He joined the AGD immediately upon graduation, and counts his AGD involvement as not only an invaluable influence on his dental career, but an organization where he has met and befriended some of the most dedicated and progressive people in dentistry.

Dental implants have been a great interest to John since dental school. Although implants were not part of the curriculum in the early eighties, there were two dentists who would regularly come to Temple and perform implant procedures in the prosthetic graduate clinic.

John's laboratory experience allowed him to see the shortcomings of conventional prosthetics, and he quickly realized dental implants could be the answer to many patient problems.

Needless to say, John spent as much time as he could observing, and later assisting in the surgeries, whenever the two dentists were at Temple.

After graduation, Dr. DiPonziano took as many courses as possible to learn more about implants, the most valuable being a mini-residency at the University of Pennsylvania from 1986 to 1989. The curriculum, which was based on the latest scientific evidence, exposed him to the various implant procedures and techniques that were being introduced to dentistry at that time.

This mini-residency led to a situation that kick-started John's career in implant dentistry. One of the attendees of the program realized that implant surgery was not for him, and asked Dr. DiPonziano if he would come to his office to place implants. Soon, it became apparent that this could be a viable adjunct to his own practice, and Dr. DiPonziano expanded his mobile implant services to many other dentists in the area—spending almost every Friday "on the road" for over ten years.

Dr. DiPonziano sold his dental practice in 2007 and moved to the Bay Area of California, providing implant and other surgical services for a large group practice.



DR. JOHN DIPONZIANO
Pleasanton

John has been involved in teaching implant procedures since the late nineties and spends a good deal of his time in that capacity lecturing in California and various other parts of the country.

(continued on the next page)



Father-son
team
(1990)

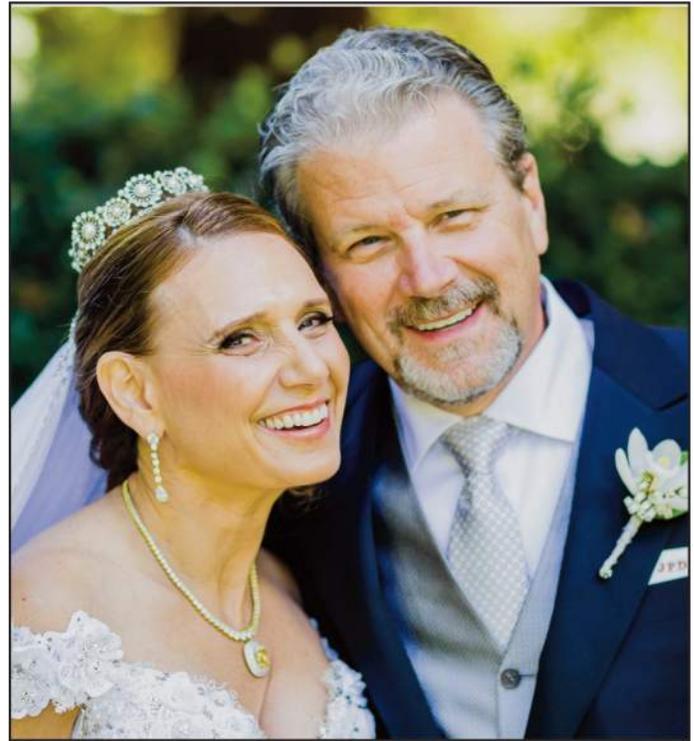
*"Dentistry was in
John's blood from
the beginning."*



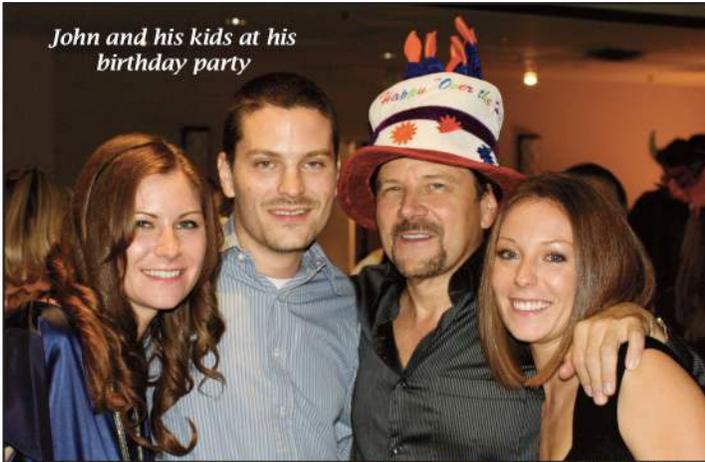
Grandson
Nathan

Dr. DiPonziano has been active in the AGD at the Board level since 1997. He was editor of the New Jersey AGD Journal for five years and became President of the New Jersey AGD in 2003. He was an AGD national delegate for many years on behalf of New Jersey and California at the annual meetings throughout the country.

Dr. DiPonziano received his Mastership in the AGD in 2004 and chaired the AGD Implantology Task Force, providing educational guidelines for implant training, in 2009. Most recently, Dr. DiPonziano is the program director of the California AGD/Hiossen Implant Continuum, which will start in March of 2015.



In September of 2014, Dr. DiPonziano married Dr. Muna Soltan. She is also a dentist whose practice focuses on dental implants. They met at an AGD meeting where she was the lecturer! They are looking forward to a very happy life together.



Dr. DiPonziano has two daughters from a previous marriage, Melissa, now 30, and Caitlin, 28, and a two-year-old grandson, Nathan. Dr. DiPonziano's son, Ian, passed away in 2011.

The California AGD is especially proud of Dr. DiPonziano. He is a credit to the profession of dentistry and to our organization.

AGD 2015 ♦ SAN FRANCISCO

JUNE 18-21, 2015

*Moscone West
Convention Center*

www.agd2105.org

golden opportunity

Technology plays a vital part in our everyday lives. Don't miss the opening keynote address by **TERRY JONES**, founder of *Travelocity.com* and co-founder of *Kayak.com*. His insights and real-world experience in innovation and building digital relationships will impact you and your practice.

AGD 2015 promises to be a golden opportunity for personal and professional development that will help you distinguish yourself among your peers and demonstrate your commitment to your patients.

At the annual meeting, you will:

- ♦ Hear from world-renowned speakers and industry leaders as they discuss the hottest topics in dentistry. *Some of the world-renowned speakers scheduled to present:*

LEE ANN BRADY, DMD

UCHE P. ODIATU, DMD

GREGORY L. PSALTIS, DDS

HENRY A. GREMILLION, DDS, MAGD

- ♦ Learn advanced techniques and treatments from leading clinicians in a multitude of disciplines
- ♦ Experience the latest innovations in dental equipment, materials, products, and services in the exhibit hall
- ♦ Network with your colleagues during a number of exciting social events



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And what better place to experience all that AGD 2015 has to offer than in the lively, culturally rich city of San Francisco? Just like dentistry, the city is always evolving and full of possibilities.

Don't miss this opportunity to be captivated and enlightened by today's thought leaders. Mark your calendars now to attend AGD 2015, and be sure to check www.agd2015.org for the latest updates.



Artin Manoukian, DDS, President, Glendale



DR. ARTIN MANOUKIAN

Our CE courses will be mostly limited attendance hands-on workshops, usually in basic dental disciplines including some specialty procedures that were considered general dentistry only a generation ago in most dental school curricula.

After ten years of holding our CE meetings at the Embassy Suites Hotel—Anaheim South, on the “Disneyland Strip” in Garden Grove, California, the SCAGD is making a change starting in 2015, due to the rapidly changing CE business environment, especially in southern California.

Our CE courses will be mostly limited attendance hands-on workshops, usually in basic dental disciplines including some specialty procedures that were considered general dentistry only a generation ago in most dental school curricula. Remember, your California dental license permits GPs (*and specialists*) to perform any procedure within the scope of “dentistry.” The onus, however, is that you are knowledgeable and skilled in what you are doing and can do it within the standard of care that a specialist in that discipline would do. This is exactly where the Academy of General Dentistry can assist you in obtaining the necessary training, not only with its Fellowship and Mastership programs, but also with other continuing education programs that the SCAGD and other components offer.

Recently, there have been several dental supply companies and manufacturers of dental equipment who have constructed classroom style facilities in the Orange County and other areas that can be used by organizations such as the SCAGD for holding educational workshops at a cost far lower than hotels can provide. Moreover, since we will be limiting our attendance in these workshops to 25 to 50 participants, it makes sense that we should utilize our SCAGD.com website and e-blasts for advertising our CE courses instead of expensive color printed flyer/mailers. This will allow us to pass-on any savings to our member and non-member attendees.

Watch for these E-flyers and visit our SCAGD.com website. Click on “Upcoming Events.” When the CE courses appear, click on the highlight and the flyer and the registration form will open. Print the registration form, fill it out and fax it to the SCAGD at 310-472-6729. *Questions:* 310-471-4916

The SCAGD officers for 2015 are as follows:

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William Langstaff, DDS, FAGD
Chethan Chetty, DDS
R.K. Chetty, DDS, FAGD
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310-471-4916



NORTHERN CALIFORNIA AGD Happenings



DR. CHITRA SHIKARAM

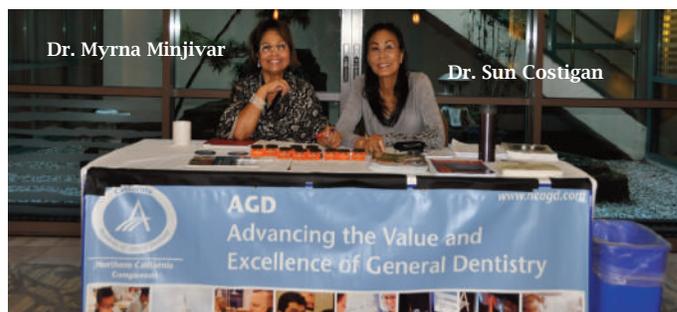
The Northern California Academy of General Dentistry has had a phenomenal 2014 and looks forward to an even more exciting 2015.

The NCAGD strives to provide quality CE courses. Quality CE is not just having a good speaker, or a great topic at a convenient location at a great price. Quality CE is when there is a sharing of information, a sharing of knowledge. *Quality CE is when there is brainstorming!*

WHAT'S NEW?

- ◆ The NCAGD has a new website! It is www.nacgd.com and is designed to help members as well as non-members navigate the site with ease. It provides valuable information from member benefits to CE events!
- ◆ Dr. Ralph Hoffman, 2014 NCAGD President, along with Dr. Chris Chui was instrumental in starting the New Dentist Day.
- ◆ Study Clubs: Dr. Mike Lew pioneered the study club movement and successfully conducted study club meetings in Paso Robles and Sacramento. Dr. Dinu Gray led the first North Bay Study Club Meeting, "Pearls and Bullets" in Petaluma.

Chitra Shikaram, DDS, *President, Campbell*



Dr. Myrna Minjivar

Dr. Sun Costigan

UPCOMING EVENTS FOR 2015

New Dentist Day—April TBA

NCAGD Social: Get To Know Us—various sites—TBA

Important Physiologic Principles in Dentistry—
What Dental School Forgot To Teach You—May 9th
Dr. William G. Dickerson

What Dental School Forgot To Teach You About Money:
Investing Successfully for a Comfortable Retirement
—June 15-16
Dr. Kevin Anderson

Study Club Events—various sites are being arranged



Participants: Oral and Systemic Connections Course



Dr./Mrs. Ralph Hoffman



Dr. Helen Trinh

Dr. Amisha Patel



Dr. Hoffman addresses attendees



Dr. Paul Schafer

Dr. Mina Levi

Dr. Dinu Gray



Dr. Maria Emanuel-Ryan presenting at the Hotel Kabuki in San Francisco

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President Elect	Dr. Dinu Gray
Treasurer	Dr. Myrna Menjivar-Gray
Secretary	Dr. Chris Chui
Editor	Dr. Helen Trinh
Imm. Past Pres.	Dr. Ralph Hoffman

For questions and information, please contact:

Chitra Shikaram at sclnk@hotmail.com
or president@nacgd.com or via my cell at 408-603-3938

SAN DIEGO AGD *Happenings*

Exodontia, Bone Grafting and Implant Surgery

A LECTURE AND HANDS-ON SEMINAR
WITH GROUP DISCUSSION

February 6, 2015
SDAGD ANNUAL MEETING

DR. CHARLES ZAHEDI

Part-time Faculty member, UCLA Periodontics

Previously, full-time Associated Professor,
Department of Advanced Periodontics
and Implant Surgery at
Loma Linda University

**Patterson Dental Supply
Education Center**
Sorrento Valley, California

Registration 7 a.m. till 8 a.m.

Election of SDAGD officers will take place at this event

Lecture: 8 a.m. till noon (4 CE hours)

Lecture, hands-on with group discussion:
1 p.m. till 4 p.m. (3 CE hours)

Course Objectives:

- ◆ Learn how to extract with minimal trauma
- ◆ Preserve the socket during extraction
- ◆ Graft the site using the proper instruments and supplies
- ◆ Learn how to use the appropriate implant system
- ◆ When to refer and when you can treat the patient
- ◆ Learn which pitfalls to avoid
- ◆ What to do when you encounter problems
- ◆ Discuss case selection with participants' cases (bring your challenging cases)
- ◆ Advanced treatment planning

Participants are encouraged to e-mail their cases so the group can discuss, troubleshoot and treatment plan. Participants can bring FMX, panos, CBCT, models. E-mail to: sandiegoagd@gmail.com

Tuition:

AGD Member and paid by January 21.....	\$299	\$349 (late)
Non-AGD Member and paid by January 21..	\$399	\$499 (late)
Staff and paid by January 21.....	\$99	\$149 (late)
Military and paid by January 21.....	\$149	\$175 (late)

Cancellation Policy: Must be within 10 days of the meeting for a 90% refund

To register by e-mail:

sandiegoAGD@gmail.com

To register via fax: 760-736-8261

To register via U.S. Mail:

Dr. Thanh Tran
9936 Scripps Westview Way (#256)
San Diego, California 92131



Name _____

Address _____

City _____ State _____ Zip _____

AGD #. _____ Phone _____

E-mail _____ Fax # _____

Questions? Contact Dr. Thanh Tran **858-353-2182** 15



DR. GUY ACHESON

Watchdog REPORT

Guy Acheson, DDS, MAGD, Rancho Cordova

It is my great pleasure to keep my CAGD colleagues informed about the activities of the Dental Board of California and legislative activity related to our practice of dentistry. With this in mind, the following:

The Highlights

- ◆ The Republic of Moldova is applying to be an approved dental school for the State of California.
- ◆ The Board of Barbering and Cosmetology is looking at tooth whitening.
- ◆ Apple Tree Dental is coming to San Mateo.
- ◆ Licensure by portfolio clears the last hurdle and will go live.
- ◆ A request to the DBC to develop regulations (*standards*) for treatment of sleep disorders by dentists.

The Meat

The dental school of the Republic of Moldova has submitted an application to be an approved dental school for the state of California. If approved, this would be the second foreign dental school who's graduates would qualify to take the Western Regional Examination Board (WREB) clinical examination and apply for a California dental license directly from graduation.

As you recall from my previous articles, California is the first and only state in the nation to qualify a foreign dental school's graduates to take the WREB and apply for a dental license without taking the two-year foreign graduate dental program. That was with University De La Salle in Mexico. Looks like California may become a primary portal for foreign dentists coming to the United States of America to practice. What a recruitment tool for the few foreign dental schools who qualify!

The executive officer of the Dental Board of California attended a meeting of the Board of Barbering and Cosmetology where they

discussed the problem of tooth whitening services being offered by persons not licensed to provide these services. It is interesting that the Barbering and Cosmetology Board is considering enforcement actions on this procedure at the same time that the North Carolina Dental Board was told that they could not regulate the service of tooth whitening. The major differences here are that the members of the Dental Board of California are appointed and overseen by the State of California, but the members of the North Carolina Dental Board are selected by dentists and is fairly autonomous.

Part of my practice is hospital dentistry where I provide care to mostly disabled and handicapped individuals. This is a significant population that has very poor access to dental care mainly because of the lack of practitioners willing and able to provide care to these people. The work is physically demanding, requires special equipment and techniques, is at times very uncomfortable due to the complex medical situations presented, and not very financially rewarding due to the amount of time it takes to provide care. Despite these barriers there is a practice model that is focused exclusively on this population called Apple Tree. Created and developed in Minnesota, this is a hub and spoke network that primary focuses on geriatric patients in nursing and residential care facilities but has expanded to all special needs patients. The hub is a very high-tech facility with the large rooms, specialized equipment, lift devices and cranes needed to safely and effectively move patients from wheelchairs and gurneys into special dental chairs that facilitate treatment. The spoke system includes mobile dental teams that travel out to where people live, provide care as they can in the field, and arrange for transport to the hub clinic when needed.

(continued on the following page)

Watchdog REPORT *(continued from the adjacent page)*

Apple Tree is building their first California facility and system in San Mateo and they gave a presentation to the Dental Board. Very impressive and very much needed. They choose San Mateo because it has the fastest-growing population of older persons in the state; more than 93,000 persons over the age of 65 in San Mateo county alone. It takes a very large-scale operation to support the central hub clinic and San Mateo fits the bill. This will make a significant impact on access to care for the mostly silent population of elderly and disabled patients. It also shows that access to care is primarily a function of economics. This model works only with a high density of appropriate patients. It will not work in Alpine County or Del Norte County.

The licensure by portfolio program has passed the last regulatory hurdle and should be going live by 2015. Licensure by portfolio is where the dental schools will complete the clinical examination requirement for licensure in California as part of the regular educational program. Students who are successful will not need to take the WREB exam. The program is limited to schools in California, so students at the University De La Salle, and potentially the Republic of Moldova, do not have this option (*yet*). This has taken many years of hard work by dental board members and all the California dental schools. Concerns about favoritism within schools and uniformity of testing have been addressed by extensive interactions and oversight between the schools by faculty and independent oversight.

Lastly, Dr. Michael Simmons made a formal request to the dental board to develop standards and regulations regarding dentists providing diagnosis and treatment of sleep disorders. Two primary tools for treating obstructive sleep apnea are C-PAP machines and oral devices. Dentists are the natural professionals to provide oral devices and it is important to clarify how this medical problem is to be diagnosed and treated. Dr. Simmons stated that about 20% of the population has obstructive sleep apnea and another 20% has socially disruptive snoring. In this author's observation, spouses are demanding action!

A note on the California Dental Association's House of Delegates:

The most sensitive topics were the new strategic plan for CDA and a list of proposed metrics to be used to assess how CDA is doing as a corporation in adhering to best business practices. I believe this is the first time that metrics have been proposed. The conspiracy theorists see the metrics as the first step in eventually eliminating the House of Delegates, something on the order of what the Michigan Dental Association did. This is because the metrics include lots of statements about facilitating communication, using the most efficient methods to make decisions, assuring that the decision makers get adequate information early enough in the process to make educated decisions, and that the ultimate decision-making body is the one that has the liability for its decisions. The current system of using a house of delegates who gather once a year to make decisions with information that they typically receive about two weeks before the meeting just does not lend itself to satisfying many of the metrics. Eliminating or drastically reducing the size of the CDA House of Delegates would facilitate satisfying many of the metrics.

Again, I am pleased to keep my CAGD colleagues informed about the activities of the Dental Board of California and legislative activity related to our practice of dentistry. Please contact me for more information about any of these topics.

About the Author:



DR. ACHESON

Dr. Acheson is in private practice in Rancho Cordova. He is the Immediate Past President of the California AGD.

He makes an effort to attend every Dental Board of California meeting as well as all meetings of the State Senate or Assembly when topics on the table are deemed important to California's citizenry and to its population of dentists.

He can be reached at
drguyacheson@gmail.com

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Schools of Dentistry Send Student Representatives



DR. GOLDASICH
Torrance

Cheryl Goldasich, DDS, FAGD, *FellowTrack Coordinator (six California schools)*

The Fourth Annual CAGD FellowTrack Leadership Meeting was held at the Hilton Oakland Airport Hotel in October. Dental students from four of the six FellowTrack schools in California attended. The purpose of these leadership meetings is to exchange ideas about improving and expanding the education of dental students, as well as improving the operation of the FellowTrack clubs in California by exchanging information and ideas.

This year, Dr. Donnie Luper spoke about the Wave One Endodontic System. He discussed challenges involved in adequately shaping and obturating canals, as well as various techniques being used.

I am happy to report that the CAGD received the AGD Scholarship Award for 2015, which was shared with the UCLA FellowTrack Club. We look forward to next year's leadership meeting in Los Angeles.

Western and Loma Linda Schools of Dentistry students were not in attendance. Both are working diligently on getting their FellowTrack Clubs off the ground.

The following pages cover all six schools. If you feel you might be interested in mentoring students, contact Dr. Goldasich at goldasic@usc.edu



USC Representatives

David Kim

Eric Rabey

Sienna Palmer



UOP Representatives

Justin Nichols

Manreet Randhawa

Dr. Sun Costigan

Jennifer Villalta

Omar Gabr



CAGD Leaders

Dr. Ralph Hoffman
(UCSF)

Dr. Tim Verceles
CAGD President

Dr. Cheryl Goldasich
Overall Coordinator

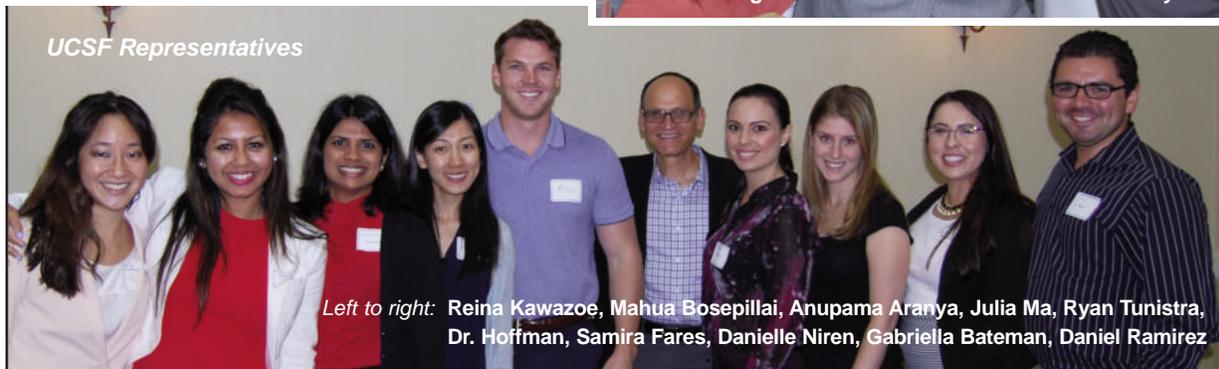
Dr. Sun Costigan
(UOP)



UCLA Representatives

Grace Hong

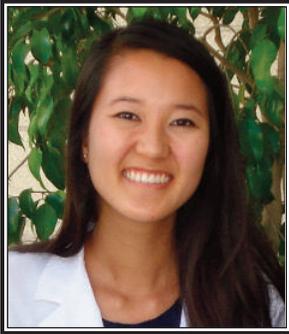
Ryan Woo



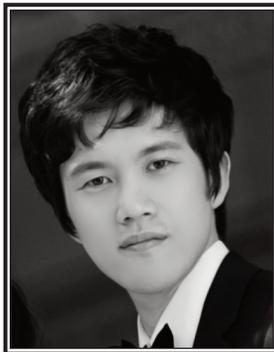
UCSF Representatives

Left to right: Reina Kawazoe, Mahua Bosepillai, Anupama Aranya, Julia Ma, Ryan Tunistra, Dr. Hoffman, Samira Fares, Danielle Niren, Gabriella Bateman, Daniel Ramirez

Western University of Health Sciences, College of Dental Medicine



NGOC BUI
FellowTrack President



BRIAN SUN
Chief FellowTrack Representative

“...it is our goal to foster an enriched education for future dentists who are continuously curious, pioneering and compassionate...”

The WesternU FellowTrack is the newest addition to the California Academy of General Dentistry and is led by students Ngoc Bui (DMD, 2016) and Brian [Ho-Hyun] Sun (DMD, 2017). The WesternU FellowTrack advisor is Dr. Jeff Lloyd. He’s a former Trustee of the CAGD, the team dentist for the CD Chivas (*a major league soccer team*), and was named CAGD "Dentist of the Year" for 2007. In addition to being on staff at our school of dentistry, Dr. Lloyd is in private practice in Rancho Cucamonga.

In accordance with Western University's ideals of "humanism, science, and caring," it is our goal to foster an enriched education for future dentists who are continuously curious, pioneering, and compassionate beyond their years in professional school.

Ngoc Bui is the inaugural President of the WesternU FellowTrack. As a current third year student, she firmly believes that dentistry is a marathon of lifelong learning and commitment to practice. Through FellowTrack, she looks forward to collaborating with fellow colleagues in order to provide additional continuing education opportunities to jump-start the exciting journey ahead. With her leadership experiences in dental education and underserved clinics, Ngoc aspires to become a compassionate dentist and leader within her community. Ngoc was raised San Lorenzo, California and would love to practice anywhere where it is sunny and warm.

Brian [Ho-Hyun] Sun is the inaugural Chief Representative of the WesternU FellowTrack and an advocate for continued education in the surgical sciences. As a concurrent leadership member of the American Dental Education Assn. at WesternU and the WesternU American Assn. for Dental Research, Brian strongly believes in the importance of introducing cutting edge technology in dental surgery to clinicians nationwide. He dreams of one day working as a clinician, educator, as well as a scientist to help serve his patients and fellow dentists. Today, he simply considers it a privilege to be a part of this exciting endeavor with esteemed faculty and colleagues. Away from school, Brian is a native of Southern California who hopes to practice where he and his family can create a beautiful home.

The Academy of General Dentistry is the premiere organization for today's general practitioner.

University of Southern California

Sienna Palmer, Herman Ostrow School of Dentistry of USC



SIENNA PALMER

In life and in dentistry there is an overwhelming amount to learn and a good dentist seeks additional knowledge to improve himself and his practice. The Academy of General Dentistry FellowTrack Student Program at USC encourages students to expand their knowledge of general dentistry through Lunch and Learns, CE courses, and hands-on workshops. AGD FellowTrack supplements the learning in the classroom and on the clinic floor by gaining feedback from students to guide the focus of our speakers and courses.

been overwhelmingly positive and we plan to continue advertising and promoting local CE courses to our student members.

We hosted a Lunch and Learn featuring Dr. Cheryl Goldasich who is our AGD FellowTrack faculty advisor and a coveted clinical faculty member at USC. Dr Goldasich was able to document cases from the USC clinic to showcase the most efficient direct bonding techniques to obtain high-quality results. She walked students through the process of evaluating cases and determining the best plan to restore function and esthetics. Dr. Goldasich presented problems common to students such as minimal adjacent contacts, difficult isolation and incorrect contours. Everyone who attended the lunch was grateful to have student examples using instruments and materials that are available on the clinic floor.

We started off the new school year with a membership drive and invited all USC dental students to an orientation meeting to outline the goals of USC's AGD FellowTrack Program and the benefits of becoming a member of the AGD. Over one hundred students attended the orientation meeting and we were able to promote upcoming CE courses.

This year we have been actively seeking continuing education opportunities for student members. We have coordinated with the SCAGD to attend CE courses on mini-implants, dental office accounting, employer/employee relations and oral surgery for general dentists. The feedback from students has

Advancements in placement and restoration of dental implants has peaked student interest in implantology. To further enhance student learning, we have planned an Implant Workshop sponsored by Straumann for March of 2015. Active senior AGD FellowTrack members will be invited to attend our annual implant workshop. To better prepare students for the workshop we will host a series of implant-focused Lunch and Learns in the spring trimester. Our organization has been making strides on enhancing membership and evolving our lecture series to address the most pertinent topics for dental students. We hope to continue encouraging USC students to advance their education and always **Fight On!**



Implant lunch seminar
(stay tuned as there will be much more to come)



HERMAN OSTROW
SCHOOL OF DENTISTRY
OF USC



The AGD at USC: Inauguration Dinner with new and previous leaders

Regional Director's Message



STEPHEN E. LOCKWOOD
DMD, MAGD
*Regional Director, CAGD
Associate Fellow in the AAID
ADA, CDA, SDCDS member
La Jolla*

Some New Graduates Start Their Dental Career through General Practice Residency Programs

The reality of actually completing dental school can be rather surreal. It's likened to driving Interstate 5 going very fast and furious and ending the trip hours later at a destination. The trip goes so fast you barely recall the journey itself. And as fast as the trip went you

know it is only a brief stop for a new starting point. Professionally, a dental degree (and license) is basically a privilege to continue learning while legally caring for patients. The responsibility can be overwhelming and intimidating. I recall feeling a bit nervous treating patients (unsupervised) in a GPR program where my patients were much older than me. At age 26, most everyone was older than I was. The first year out of dental school can also be a bit serendipitous. Even though you may have a general idea or even a definite plan, you really do not know what to expect. The dentistry itself is familiar, but the patient management aspect is the unknown adventure. Whether we enter private practice, group practice, corporate dentistry, GPR programs, or enter a specialty program the patient management aspect is where the art and science of dentistry are seen more distinctly. The art of connecting and communicating effectively with each and every patient has its new set of challenges and opportunities.

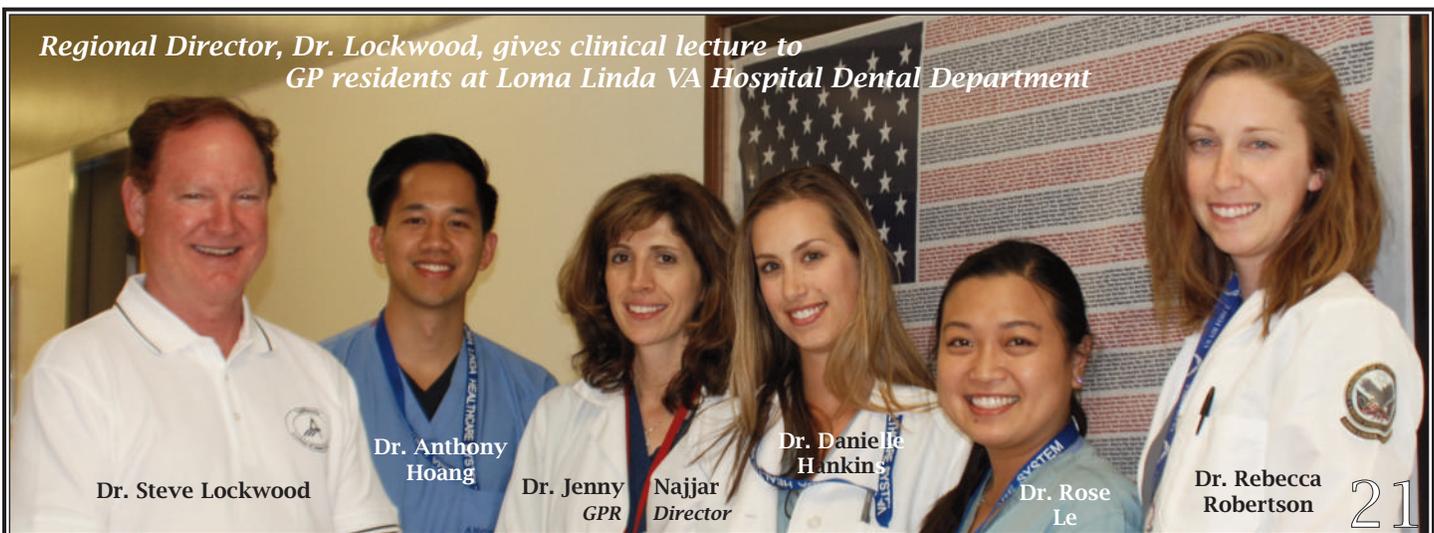
I often hear colleagues refer to the first year out of dental school as the "fifth year of dental school." While all of our family and friends congratulated us for earning our degree, they really had no idea the next few years we

would be silently handling our own PTS. I found great refuge in entering a GPR program. I did not need to immediately have a license in the state or region of my program. Professional liability was covered by the institution, as well. I was unaware I was blissfully part of a "national cheap-labor workforce." Moreover, I received a paycheck! During my GPR, I questioned whether I would enter private practice or become a specialist. I enjoyed orthodontics, so I applied to UCLA and Loma Linda University orthodontic programs. I had taken the GRE examination and had taken the California Board examination. After interviews, I learned I was on a waiting list that the four positions had been filled. Loma Linda University granted an acceptance if I were to apply the following year. I was honored, but I honestly needed to get going on my financial responsibilities to start paying off my school loans (\$35,000 was a lot back then). I later learned how much I enjoyed all aspects of dentistry and that I could learn as much and perform as much specialty treatment with which I felt comfortable. I did find an associate position and entered private practice in San Diego. The field of implant dentistry was evolving past its pioneer years when I began my own personal journey to educate myself in this field. As a general dentist, I was aware of the turf wars between GPs and some insecure specialists who wanted to put GPs in an "amalgam line." I continued to take courses taught by professionally-secure specialists and GPs who respected our intellectual curiosity and saw the patient benefit of giving all dentists as much information as we could handle and then some. The respect of each field and my respect for my patients mandated I would know even better when to refer to a specialist.

In retrospect, my fifth year of school was just the right mix of learning and practicing without the risks of starting a private practice. I knew I loved dentistry, but I knew I wasn't ready. We all will travel through the early years of our career learning how we want to practice dentistry and sometimes learning how we definitely do not want to practice dentistry. When you have bitten your tongue long enough and your confidence is increasing you may be ready to take on some business risk. Meanwhile, keep caring for your patients, develop your skills and keep fervent about the art and science of dentistry. The resin, the CAD/CAM, the laser, sedative, implant and regenerative aspects of dentistry will continue to evolve and make for a fantastic future.

Let the AGD be your professional coaching system throughout your career.

*Regional Director, Dr. Lockwood, gives clinical lecture to
GP residents at Loma Linda VA Hospital Dental Department*



Dr. Steve Lockwood

**Dr. Anthony
Hoang**

**Dr. Jenny
Najjar**
GPR
Director

**Dr. Danielle
Hankin**

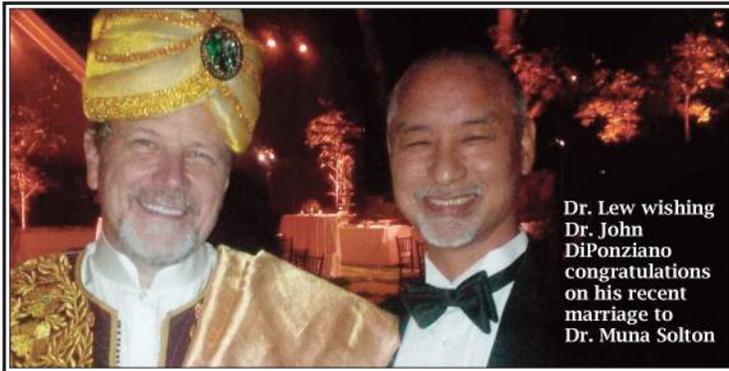
**Dr. Rose
Le**

**Dr. Rebecca
Robertson**

TRUSTEE'S MESSAGE *(continued from page 9)*

And the adventure continues with our own CAGD members as they move our profession forward.

- ◆ Dr. Bruce Bosler of Vacaville lead a group of dentists to provide charity dentistry overseas in October 2014.
- ◆ Dr. Keyla Springe started a new dental study club in Paso Robles this past August.
- ◆ Dr. Dinu Grey started another study group in Petaluma (and the list goes on).
- ◆ Dr. Tim Verceles is leading the AGD teams in organizing our upcoming national AGD meeting in San Francisco. *Be there or else!*
- ◆ And I am continually awed in the unceasing dedication of our leaders Dr. Lockwood, Dr. Costigan, and Dr. Acheson as they train our leadership, improve our benefits to our membership, and advocate for the general dentist. *We are doing things, baby!*



Yes, the AGD (*that us, folks*) is impacting our profession and our communities like never before.

But wait, there's more:

This year our AGD board will consider review it is, how it has been doing, and how it will go forward as an organization. Dentistry is changing. And, the AGD will refocus to better serve general dentistry and our patients as we meet the future.

How will your personal adventure move forward in 2015? As you contemplate your successes, your failures, and your challenges, look to the AGD to support your professional goals and aspirations as a general dentist. *Let us be part of your story.*

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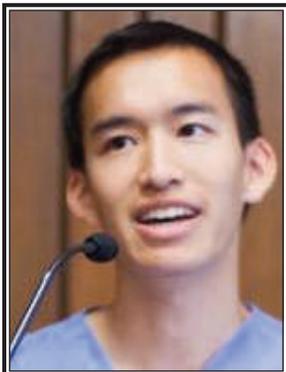
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FellowTrack South

University of California at Los Angeles



CLAYTON CHAN

We kicked off the school year by welcoming the class of 2018, participating in a school-wide “Tabling Day” and hosting two large group meetings. All of these events were well-attended with over 70 students at each.

The Annual “Tabling Day,” is where dental students showcase their clubs to the entire student body. We created a posterboard of the representative events of our club such as our Lunch and Learns, Implant Workshops and a Beach Clean-up community service event.

Using the posterboard to guide our presentations, we informed students of opportunities to learn and earn CEs within the AGD FellowTrack. To supplement this, we handed out AGD materials such as flyers, informational packets, and journals to those who came by our table. This left a lasting impression on not only the first-year students, but also the second-, third- and fourth-year students. From this publicity, we were able to encourage more students to become members of the Academy of General Dentistry.

For our first official meeting in October, we held an introductory meeting of our club for the dental student body. Starting off, we introduced the new cabinet leaders for the school year. Then we talked about what the AGD is and what its goals are, on a national level and on the chapter level. We explained to everyone the benefits of becoming a member of the AGD and gave them the opportunity to become members by providing membership application forms. To encourage further participation, we also announced ways to get involved, including new leadership positions and upcoming events. We had the attendees save the date for the AGD annual summer session in June and invited them all to attend our GPR vs AEGD Panel.

Clayton Chan, *President, UCLA FellowTrack*

At our second large group meeting, we held a GPR vs. AEGD Panel. We invited Dr. Melissa Ota and Dr. Lindsay Costantino to share their experiences at their respective General Practice Residency (GPR) and Advanced Education in General Dentistry (AEGD) programs. Prior to the event, we surveyed the students to see what questions they had for the panel. We generated a list of discussion questions that provided a comprehensive overview of both programs. During the panel, the two dentists explained the differences between their programs and why they chose to participate in their respective programs. They shared invaluable experiences they had within their programs and how it made them better dentists. They also explained to the students how to be a competitive applicant if they were to pursue a residency program in the future. Overall, students were very pleased with the information from the meeting. We gained valuable feedback on the benefits of attending a GPR and an AEGD.

Lastly, we also held applications for new leadership positions. We asked for students to apply for a Secretary, a First-Year Representative, or a President/Vice-President Elect position. Of the applicants, we have chosen qualified leaders to join our cabinet and we look forward to working together as a newly expanded team. We plan to have our secretary take meeting notes for our members. We will utilize our First-Year Representative by having him encourage first-year students to attend our meetings. We also expect to train our President/Vice-President Elect to become a well-equipped president or vice president for next year.

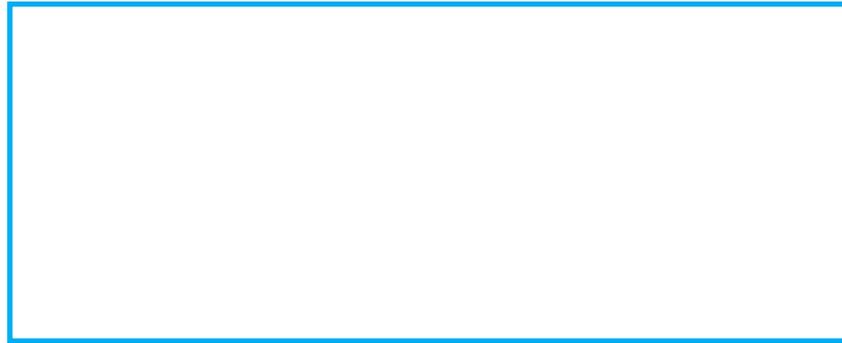
Looking back, we are pleased with the general turnout and the positive responses of the student body to our events. We are looking forward to getting the entire school more involved in our UCLA AGD chapter by providing community service events in addition to our upcoming educational lecture series.





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Welcome To CAGD's New Members

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Dr. Adam Adamonis—West Hills
Dr. Shahrzad Afghani—San Bruno
Dr. Moham Ansari—San Francisco
Dr. James Baker—Aliso Viejo
Dr. Antoanete Barba—Santa Ana
Dr. Sherwin Black—Antioch
Dr. Jeffrey Brockett—La Jolla
Dr. Preston Browne—Upland
Dr. Brian Bucher—Sunnyvale
Dr. Julie Bui—San Francisco
Dr. Scott Carr—West Hills
Dr. David Chang—Thousand Oaks
Dr. Ella Chen—Alhambra
Dr. Ihnbae Cho—Los Angeles
Dr. Vanessa Chung—Tustin
Dr. Ali Fakhimi—San Diego
Dr. Edmond Fung—Pinole
Dr. Sandy Gabriel—Santa Rosa
Dr. Kerry Hahn—Long Beach
Dr. Brien Hsu—Rancho Cucamonga
Dr. Marian Ibarra—Chula Vista
Dr. Hengameh Jannati—San Francisco
Dr. Danielle Jaul—Auburn
Dr. Niki Katoozi—Ontario
Dr. Derek Kawano—Clovis
Dr. Mi Hyn Kim—Fremont
Dr. Kevin Kohler—San Diego
Dr. Thu Le—San Jose
Dr. Ann Lee—Carmichael
Dr. Jeffrey Lehr—Carmel
Dr. Narita Leong—San Francisco
Dr. Orson Leong—San Francisco

Dr. Diana Liao—Ontario
Dr. Dong Lim—San Francisco
Dr. Stephanie Lim—Dublin
Dr. Roxana Lo—Mill Valley
Dr. Alister Man—Citrus Heights
Dr. Mark Materum—Modesto
Dr. Giovanna Medina—El Cajon
Dr. Tiffany Neimar—Torrance
Dr. Mona Nejad—San Francisco
Dr. Anastasia Pagadeyeva—Rohnert Park
Dr. Susan Park—San Jose
Dr. Sunjoo Parkr—Pomona
Dr. Ambika Parti—Bakersfield
Dr. Yagnik Patel—Los Angeles
Dr. Anastasiya Petrovska—Citrus Heights
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Dr. Andrew Ramirez—Chico Hills
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Dr. Alan Tanisawa—Castro Valley
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Dr. Timothy Wong—Alhambra

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